

# Portland Pilates

## Mid-Winter Mat Class Schedule

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Monday	5:30 pm	Intermediate: Susan
Wednesday	9:00 am	Intermediate/Adv: Nancy
Thursday	5:30 pm	Basic/Intermediate: Susan

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This series runs Jan 2 – Feb 9.  
Cost \$72. Drop-ins welcome: \$15.

Portland  
Pilates



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