

# Portland Pilates

The Center for Authentic Pilates

## Summer 2010 Mat Class Schedule

10 weeks (\$125.00):  
June 21 through August 28

Mon	Tues	Weds	Thurs	Fri	Sat
<p>9:00 AM Intermediate Pilates Ball with Tunde (wear sneakers)</p> <p>10:00 AM Basic with Tunde</p>	<p>9:00 AM Adv. Apparatus with Tunde</p> <p>10:00 AM Interm. Apparatus with Tunde</p>	<p>9:00 AM Adv/Intermediate with Tunde</p> <p>10:00 AM Basic with Tunde</p>	<p>9:00 AM Intermediate with Nancy</p> <p>9:00 AM Adv. Apparatus with Tunde</p>	<p>9:00 AM Intermediate Pilates Ball with Nancy (wear sneakers)</p>	<p>8:00 AM Adv/Intermediate with Tunde</p>
<p>5:15 PM Basic with Tunde</p> <p>6:15 PM Intermediate with Tunde</p>		<p>5:30 PM Basic with Nancy</p>		<div style="border: 1px solid black; padding: 5px;"> <p><b>Mat Class Pricing–</b>  <b>Mat Class Series</b> (4+ students): \$150 per series, paid in advance.  <b>Mat Class Drop-In:</b> \$15 per class</p> </div>	